



# The **NEWSCASTER**

The Official Publication of the Winnipeg Amateur Radio Club  
<http://www.mts.net/~warc>

February 2010

IRLP # 1066 on VE4WRS 145.450-

VE4BB

## *Cool DXpedition Video*

Date: Monday, February 8, 2010  
Time: 7:30 PM  
Place: Dakota Collegiate (In the Cafeteria)  
661 Dakota Street (At Beliveau Rd.)

### *Other Important Dates...*

Newscaster: Deadline December 28, 2009

WARC: Monthly Meeting Dates  
February 8, 2010—DXpedition Video  
March 8, 2010—WSPR or  
Weak Signal Propagation Reporter

WSC: 2nd Thursday of month  
Breakfast—Garden City Inn

ARES: February 16, 2010

Other: WARC Spring Flea Market  
Sunday, April 18, 2010

### *WARC Executive for 2009-2010...*

President	Mark Blumm	ve4mab@gmail.com
Vice-Pres.	Garth Blumm	ve4gwb@gmail.com
Treasurer	Bob Jacobs	rcjacobs@mts.net
Secretary	Jim Sutton	Jim.Sutton@AAAalarms.ca
Membership	Garth Blumm	ve4gwb@gmail.com
Programs	Mark Blumm	ve4mab@gmail.com
Director @ Large	Vacant	
Past President	Geoff Bawden	ve4baw@rac.ca

### *And now a word from the President By Mark, VE4MAB*

A big pat on the back to all the Hams in Winnipeg and around the world that stepped up to the mic and put on their headsets ready for traffic following the recent earthquake in Haiti. It is events such as this that bring the hobby of Amateur Radio to the forefront as an invaluable resource.

For quick reference we've added a list of HF Phone nets filling the back page of the Newscaster for easy posting in your shack!

Coming up our annual "Home Brew" night is just 2 months away in April so why not take advantage of the warmth of the indoors and get started on a project of your own to enter in the contest!

Home Brew Night is a great opportunity to "Show & Tell" your projects to your fellow Hams and goes a long way to show that not everything has to be store-bought! And often they turn out to be better!

In this day and age when most things are simply "ordered on-line", it's amazing to see what can still be done with some copper wire, a soldering iron and miscellaneous parts, not to mention the great feeling of accomplishment when telling someone .. "I made this!"

Stay Tuned!

### *"Eyeball QSO at the Arches"*

Saturdays and sometimes Sundays  
McDonald's—St. James and Ellice  
0745-0930 hours

Start your weekend right!

Get together with your fellow hams, talk tech, and learn from others about the latest rigs.

### *Our Vision*

*To increase public awareness and respect for Amateur radio; to provide education and support in all aspects of the hobby to our members in a social atmosphere*

## **WARC Meeting Minutes, Jan 11, 2010**

*Taken by Jim, VE4SIG*

### **Introductions**

#### **Review of minutes of Previous Meeting**

Approval by VE4GWN seconded by VGE4HK

#### **Any Business arising from those Minutes**

- none

#### **Correspondence**

- none

#### **Committee Reports**

##### **Membership**

- we currently have 74 members with 11 complimentary (meaning 63 paid members)

##### **Treasurer**

- last month our bank balance was \$6989.45

##### **DX**

- VE4JNF will be in Cuba on 24 Jan 10 on 40M looking for weather reports from Manitoba (so he can gloat)

##### **RAC**

-Our new national president VE4BAW graced us with his presence and mentioned that RAC was getting a new Client Services Coordinator/Manager (title?)

Amateur Radio Service Centre  
Industry Canada

P.O. Box 9654, Postal Station T

Ottawa, Ontario, K1G 6K9

Telephone: (613) 780-3333

Toll free: (888) 780-3333

Fax: (613) 998-5919

E-mail: [spectrum.amateur@ic.gc.ca](mailto:spectrum.amateur@ic.gc.ca)

[http://strategis.ic.gc.ca/epic/internet/insmt-gst.nsf/en/h\\_sf01709e.html](http://strategis.ic.gc.ca/epic/internet/insmt-gst.nsf/en/h_sf01709e.html)

IRLP Node 1066

145.450 MHz -600 KHz

(VE4WRS)

Comments or if you just want to reach us :

Winnipeg Amateur Radio Club

C/O VE4WSC

598 St. Mary's Road

Winnipeg, MB R2M 3L5

(paid or volunteer?) to provide better value to members. Also PEI is now considering a ban on use of electronic devices while driving and that ARC was providing guidance on the Amateur Radio community could deal with that proactively.

##### **ARES**

-Approximately twenty ARES members will be providing Amateur Communications SUN 31 JAN for Sled Dog Races at The Forks. This event is an all-weather event. Although billed as the Voyageur Classic this event has nothing to do with the Festival du Voyageur.

We probably have sufficient volunteers now but I will take call-signs of anyone else who is interesting in case we need a replacement operator or two.

##### **Manitoba Marathon SUN 20 JUNE**

So far 21 Amateurs have submitted registration forms for 2010 Manitoba Marathon. We have 78 positions to cover (including 3 back-up positions). Registration forms are posted online on both WARC and WPGA-RES web-sites. Submission by e-mail is preferred. Limited number of hard-copy forms on hand tonight if someone does not have internet access.

The Marathon Radio Group is scheduled to meet WED 20 JAN for our initial 2010 meeting. Mark VE4MAB has indicated he has Microsoft Publisher and should be able to look after the desktop publishing requirements.

The Volunteer briefing will be held TUE 15 JUN at Norwood Community Club 87 Walmer (Map "B" J13). We have the room booked 1900-2100h—another group has the room booked until 1900h so we will need some time to set up. Briefing will likely begin at 1930h so we should be ready for volunteer t-shirt distribution by 1915 at the latest.

##### **Education**

- no report

##### **Flea Market**

- VE4HK reported the event is on for 18 Apr - tables are \$5 for members and \$10 for non-members

##### **Field Day**

- It appears VE4BDF will be our new coordinator. A search is on for a new site (VE4SIG is investigating The Red River Ex, Fort Whyte or Kapyong Barracks).

##### **New Business**

- February's program will consist of a DVD of a DXpedition to Antarctica (dress warm)

**Good & Welfare**

VE4HK reminded everyone that dues for MRS for 2010 are due now –they can be paid to him, mailed or online at <http://www.mb-repeater-society.ca/membership.html>

– Bill (VE4BL) mentioned he is assisting the estate of Dennis Lowe (SK) as there is 3 garagefuls of equipment that he needs assistance in valuating.

**Door Prizes & 50/50**

– VE4JNF was the excited winner of a Solder Sucker and VE4JS took home an enormous lunch bag. Someone won the 50/50.

**WARC Meeting Minutes, Dec 14 , 2009**

*Taken by Jim, VE4SIG (Omitted from Jan Newscaster)*

Called to order - Introductions made

Called for approval of the minutes of the previous meeting – a correction was noted that the call sign of one of the executive of the Wpg Seniors Club was in the Newscaster as VE4MAC and should be VE4MAk.

As this was not a correction to the minutes it was moved for acceptance and approved by VE4HK and seconded by....

**Treasurers report**

– our sole sources of income is the twice annual flea markets and membership dues – membership is down; currently 74 members (10 complimentary) and so we can expect our income this year to shrink unless membership is increased.

**Correspondence**

– none received

**Announcements**

The January meeting will feature a presentation by VE4GKS on Linux.

VE4HK announced that MRS dues are due at the end of December.

VE4HAY announced that Ve4BAW will be assuming the National Presidency of RAC in January 2010. the will eat List all announcements made at the meeting. For example, new members, change of event, etc. Flowers were presented to the ladies

**DX report from VE4SN**

There was a 10M contest the previous weekend as well as a DXpedition to Willis Island. Sunspots are starting to appear and he suggests the best thing to do is LISTEN LISTEN LISTEN.

**RAC/ARES  
NATIONAL EMCOMM FREQUENCIES**

SSB	Frequency	Tactical
75M - LSB	3.675 MHz	Alfa
40 M - LSB	7.135 MHz	Bravo
20 M - USB	14.135 MHz	Charlie
17 M - USB	18.135 MHz	Delta
15 M - USB	21.235 MHz	Echo
10 M - USB	28.235 MHz	Foxtrot
CW	Frequency	Tactical
80 M	3.535 MHz	Golf
40 M	7.035 MHz	Hotel
20 M	14.035 MHz	India
17 M	18.075 MHz	Juliette
15 M	21.035 MHz	Kilo
10 M	28.035 MHz	Lima
Digital	Frequency	Tactical
80M	3.596 MHz	Mike
40 M	7.096 MHz	November
40 M	7.096 MHz	November
20 M	14.096 MHz	Oscar
17 M	18.096 MHz	Papa
15 M	21.096 MHz	Quebec
10 M	28.096 MHz	Romeo

<http://www.rac.ca/fieldorg/racaresfreqs.htm>

He announced a new Amateur was examined and passed that afternoon – Keith Zimmerman is VE4ZIM (Basic+).

VE4VZ mentioned that between 0900-1200 local you can hear Europe on 20M and there have been reports of 3<sup>rd</sup> order harmonics from CFRW in the 3750-3780 KHz range – if you notice them you should inform him of the time and strength so he can keep keep IC aware.

VE4HAY mentioned that he had spoke to IC last year and nothing came of it. Suspect it is as a result of snow accumulation at the tower base grounding the antenna out.

**ARES**

– meeting is tomorrow nite (15 Dec 09) at he usual time & place – New ID cards are now available.

**Marathon**

– VE4SE mentioned that the Amateur Radio Community was thanked 6 times in the ad the marathon ran. They seem to recognize we are an essential part of running the event.

50/50 prize – was \$17.00 and awarded to ? Meeting was adjourned at 2130 approved by VE4HK



Are you a  
**RAC** member??

<http://www.rac.ca>

### *WPGARES*

*By Jeff, VE4MBQ*

*Emergency Coordinator*

Glen Napady VE4GWN gave us a succinct but informative presentation on Monitoring Trunked Radio at our January General Meeting. Thanks to ARES Auxiliary member Rob Stegmaier VE4RST for recently donating an HTX-202 HT and accessories to Winnipeg ARES.

The Manitoba Regional Director of Public Safety Canada requested 13 JAN that VE4PSC be opened to monitor HF traffic regarding the earthquake in Haiti. VE4PSC was run for just over four hours on WED 13 JAN and approximately eight hours THURS 14 JAN. Thanks to VE4s SE, WR and DWG.

Approximately twenty-three of us will be enjoying the winter weather SUN 31 JAN providing Amateur Radio Communications for the Voyageur Classic Sled Dog Races downtown at The Forks.

As this report is being written many details regarding the event are still outstanding so our last minute briefing at 0900h SUN 31 JAN may have to cover a lot of ground.

Our next General Meeting is TUE 16 FEB 1900h at Sir Wm Stephenson Library 765 Keewatin Street. Garth VE4GWB and Richard VE4ESX will be giving us a presentation about the Ski Patrol Search and Rescue Exercise that they participated in late last fall.

We will be providing Amateur Radio Communications once again for the Scouts Canada Klondike Derby at Camp Amisk 6, 7 MAR. We need approximately sixteen operators each day – so far we have ten volunteers per day.

### Winnipeg Amateur Radio Club Spring Flea Market

Sunday April 18, 2010  
Heritage Victoria Community Club  
950 Sturgeon Road, Winnipeg, MB

Admission \$3.00  
Doors open for coffee and socializing 9:30 am  
Vendor Setup 9:45 am-10:30 am  
Doors open for buyers 10:30 am-noon

Tables: \$5.00 each for WARC members  
Commercial & non WARC members \$10.00

For Tables—Contact Ruth Mills VE4XYL by e-mail at [ve4se@mts.net](mailto:ve4se@mts.net) or call 204-837-6915

For more info- Contact Dick Maguire VE4HK by e-mail at [ve4hk@rac.ca](mailto:ve4hk@rac.ca) or call 204-256-3143

### *Manitoba Marathon*

*By Jeff, VE4MBQ*

The Marathon Radio Group met 20 JAN. We have dates for the initial Help Desk and Medical committee meetings.

Although a number of completed Volunteer Registration forms arrived in conjunction with electronic delivery of the January newsletter, form submission has dropped off to a trickle. We need approximately eighty Amateurs to do this operation properly – at this point we have forty-six volunteers. A mutual-aid request has been made to Manitoba ARES to see if ARES members in communities surrounding Winnipeg may be interested in participating.

As mentioned at the JAN WARC meeting, the Marathon Amateur Radio Volunteer Briefing will be TUE 15 JUN 1915h at Norwood Community Centre 87 Walmer (near Lyndale Drive).

*Manitoba Marathon  
Volunteer form is available at*

<http://www.mts.net/~warc/VE4-Volunteer-2010.doc>

Download it, fill it out, and submit it  
ASAP as an attachment to  
Jeff, VE4MBQ at: [ve4mbq@mts.net](mailto:ve4mbq@mts.net)

*Amateur Radio* ✨ *A Community Resource*

## Contest Calendar

Extracted From

<http://www.hornucopia.com/contestcal/>

RSGB 80m Club Championship, SSB	2000Z-2130Z, Feb 1
ARS Spartan Sprint	0200Z-0400Z, Feb 2
NCCC Sprint Ladder	0230Z-0300Z, Feb 5
Vermont QSO Party	0000Z, Feb 6 to 2400Z, Feb 7
YL-ISSB QSO Party, CW	0000Z, Feb 6 to 2359Z, Feb 7
10-10 Int. Winter Contest, SSB	0001Z, Feb 6 to 2359Z, Feb 7
Black Sea Cup International	1200Z, Feb 6 to 1159Z, Feb 7
FYBO Winter QRP Sprint	1400Z-2400Z, Feb 6
Minnesota QSO Party	1400Z-2400Z, Feb 6
British Columbia QSO Party	1600Z, Feb 6 to 0759Z, Feb 7
AGCW Straight Key Party	1600Z-1900Z, Feb 6
Delaware QSO Party	1700Z, Feb 6 to 2359Z, Feb 7
Mexico RTTY International Contest	1800Z, Feb 6 to 1759Z, Feb 7
North American Sprint, CW	0000Z-0400Z, Feb 7
New Mexico QSO Party	1500Z, Feb 7 to 0300Z, Feb 8
ARCI Fireside SSB Sprint	2000Z-2359Z, Feb 7
ARRL School Club Roundup	1300Z, Feb 8 to 2400Z, Feb 12
NAQCC Straight Key/Bug Sprint	0130Z-0330Z, Feb 10
CWops Mini-CWT Test	1100Z-1200Z, Feb 10 and 1900Z-2000Z, Feb 10 and 0300Z-0400Z, Feb 11
RSGB 80m Club Championship, Data	2000Z-2130Z, Feb 10
NCCC Sprint Ladder	0230Z-0300Z, Feb 12
YLRL YL-OM Contest	1400Z, Feb 12 to 0200Z, Feb 14
PODXS 070 Club Valentine Sprint	2000 local, Feb 12 to 0200 local, Feb 13
CQ WW RTTY WPX Contest	0000Z, Feb 13 to 2400Z, Feb 14
SARL Field Day Contest	1000Z, Feb 13 to 1000Z, Feb 14
Asia-Pacific Spring Sprint, CW	1100Z-1300Z, Feb 13
Dutch PACC Contest	1200Z, Feb 14 to 1200Z, Feb 15
KCJ Topband Contest	1200Z, Feb 13 to 1200Z, Feb 14
Louisiana QSO Party	1500Z, Feb 13 to 0300Z, Feb 14
OMISS QSO Party	1500Z, Feb 13 to 1500Z, Feb 14
FISTS Winter Sprint	1700Z-2100Z, Feb 13
RSGB 1st 1.8 MHz Contest, CW	2100Z, Feb 13 to 0100Z, Feb 14
North American Sprint, SSB	0000Z-0400Z, Feb 14
SKCC Weekend Sprint	0000Z-2400Z, Feb 14
Classic Exchange, Phone	1400Z, Feb 14 to 0800Z, Feb 15
AGCW Semi-Automatic Key Evening	1900Z-2030Z, Feb 17
RSGB 80m Club Championship, CW	2000Z-2130Z, Feb 18
NCCC Sprint Ladder	0230Z-0300Z, Feb 19
ARRL Inter. DX Contest, CW	0000Z, Feb 20 to 2400Z, Feb 21
Feld Hell Sprint	2000Z-2200Z, Feb 20
Run for the Bacon QRP Contest	0200Z-0400Z, Feb 22
SKCC Sprint	0000Z-0200Z, Feb 24
NCCC Sprint Ladder	0230Z-0300Z, Feb 26
Russian PSK WW Contest	2100Z, Feb 26 to 2100Z, Feb 27
CQ 160-Meter Contest, SSB	2200Z, Feb 26 to 2159Z, Feb 28
REF Contest, SSB	0600Z, Feb 27 to 1800Z, Feb 28
EPC WW DX Contest	1200Z, Feb 27 to 1200Z, Feb 28
UBA DX Contest, CW	1300Z, Feb 27 to 1300Z, Feb 28
Mississippi QSO Party	1500Z, Feb 27 to 0300Z, Feb 28
North American QSO Party, RTTY	1800Z, Feb 27 to 0600Z, Feb 28
High Speed Club CW Contest	0900Z-1100Z, Feb 28 and 1500Z-1700Z, Feb 28
North Carolina QSO Party	1700Z, Feb 28 to 0300Z, Mar 1

## DIAMOND IMAGE



Floyd Rolph VE4 FDR  
835 Cavalier Drive Tel: (204) 888-3227  
Winnipeg, MB R2Y 1C6 Fax: (204) 831-6400  
- South Western & Victorian home decor  
- ty Beanie Babies  
- Balloon bouquets & decorating  
- Gifts  
- Printing eg: Business cards, letterhead, envelopes  
- Wedding invitations

### News From The Net



"Radio Hams" in Old Time Cinema

Derek, VE4HAY, passes on this link to a Youtube video of a 1939 movie shows the excitement and sense of adventure of Ham Radio!

[http://blog.makezine.com/archive/2009/12/radio\\_hams\\_in\\_old\\_cinema.html](http://blog.makezine.com/archive/2009/12/radio_hams_in_old_cinema.html)

### RAC Bulletin 2010 003E Haiti Earthquake Traffic 2010-01-24

#### Haiti Earthquake Traffic - 2010-01-24

As the recovery in Haiti continues, the IARU would like to thank Hams of the world for being there for the people of Haiti. Many messages have been successfully passed over the airwaves. Effective immediately the frequencies 7.045MHz and 3.720MHz are released with gratitude to all who have kept them clear in the last days.

73

Doug Mercer VO1DTM  
Vice President Field Services  
Radio Amateurs of Canada

***RAC Bulletin 2010 002E  
Haiti, the Amateur Perspective  
2010-01-17***

**Haiti, the Amateur perspective.**

We have all seen the tragic human toll and devastation of the Haitian earthquake as reported by the media. We have been asked what the Amateur community is doing about it.

To our knowledge, since the earthquake, less than half a dozen Hams have been reporting from Haiti and have done so very sporadically. Most have severe constraints for electricity, fuel or other required facilities.

Apart from a couple of Hams embedded with the UN or the Red Cross, none other have succeeded to enter the country and stay to operate.

Yesterday, a convoy of Dominicans made up of representatives from that government and including 8 Amateurs, entered Haiti by road on its way to their Embassy in Port-au-Prince. Almost at destination they were attacked by gunfire resulting in one dead and several wounded. All 8 Amateurs are safe. The convoy turned around and is now safely back in the Dominican Republic.

Outside of Haiti, there are scores of Hams listening on the published HF frequencies for emergency communications and ready for any QSPs.

Here in Canada, our Vice President Field Services, Doug Mercer, VO1DTM, is watching the situation very closely, ready to give any help that might be needed.

We also have French speaking operators like Gerry, VE2AW and Richard, VE2DX, that are ready on the frequencies to speak to anyone in need in Haiti.

We are also getting ready for the future. At the Request of the Salvation Army SATERN I have recruited about 20 Hams, fluent in French, that are now poised to leave for Haiti when required.

This is the situation as of now and we will update you when we have something significant to report.

73,

**Daniel A. Lamoureux, VE2KA  
Vice President International Affairs,  
Radio Amateurs of Canada**

***What have you done to "promote  
amateur radio this week"***

That line we credit to an old News stalwart, Peter Parker with using in his old VK1 and VK3 casts many years ago and it still stands true -WIA

***WSC Monthly Breakfast  
By David, VE4DAR***

As you can see from the photos, folks at the Senior's Club breakfast have a good time socializing.



**Ruth, Trudy & Jean**

Most are regulars, attending every month on the second Thursday at the Canad Inn on McPhillips.



**Bill & Ed**

Food orders are taken about 0900 and served shortly afterwards. The price is right.

Adam VE4SN is the congenial host.



Ken, Paul, Tom & Adam

"It's been going for more than 20 years," according to Ed VE4YU. I was told they used to get up to 35 attendees. On January 14, there were 17 diners including 5 women. Most folks said they attended for the fellowship.



Free Breakfast Draw

The next breakfast is on Thursday, February 11. You don't have to be a member of the Winnipeg Senior Citizens Radio Club to attend.

Try it. You may win the draw for a free breakfast!

### ***Newscaster***

***By, Mark, VE4MAB***

For the March issue, please send in your submissions no later than February 24, 2010 to [ve4mab@gmail.com](mailto:ve4mab@gmail.com)

***The Newscaster*** is the Official Publication of  
Winnipeg Amateur Radio Club  
Please send your submissions/comments to the editor  
Mark Blumm, VE4MAB at [ve4mab@gmail.com](mailto:ve4mab@gmail.com)

### ***Presentations***

Thanks to Gerry, VE4GKS, for his January presentation on the Ubuntu operating system.

After hearing so much about the OS, Gerry's presentation was the first I'd actually seen it!

For info and to download the Ubuntu OS visit...

<http://www.ubuntu.com/>

***Do you have an area of expertise  
you'd like to share with your fellow hams??***

Contact us at: [ve4bb@rac.ca](mailto:ve4bb@rac.ca)

### **VHF Nets .....**

**MRS Nets - 147.390 Mhz +  
Sundays & Thursdays at 9:00 pm**  
This net covers Winnipeg and the MRS linked repeater system, and includes various announcements on amateur radio activities, plus Dick's "Swap and Shop"

**Seniors Morning Net 147.390+ Mhz  
Weekdays at 9:00 am**  
This net covers Winnipeg and hams of all ages are welcome to join in this net which is always a lot of fun!

**IRLP(Internet Radio Linking Project)  
Net - 145.450 Mhz - Node # 1066  
Wednesdays at 8:00 pm**  
This net connects you with the world using your VHF rig and using the internet as the backbone!

**Six Meter Net - 50.238 Mhz  
Wednesdays at 9:00 pm**

### **HF Nets .....**

**MB Evening Phone Net - 3760 Khz  
Daily at 7:00 PM CT**

**Prairie Traffic Net (CW) 3660 Khz  
Daily at 01:30 UTC**

**Aurora # 2 Net 7055 Khz  
Daily at 02:30 UTC**

**MB Wx Net 3743 Khz  
Daily at 8:30 AM C**

## Amateur Radio HF Phone Nets

Name	FREQ	DAY	Times
3730 Group	3.7300	Nightly	2100 ET
3803 Round Table Net	3.8030	Nightly	2300 ET
Alberta Public Service	3.7000	Daily	0130 UTC
ARES Ontario HF Nets	7.1530	Sunday	1300 ET 1700 ET
Aurora Net	7.0550	Daily	2330 UTC 0230 UTC
B. C. Northern Net	3.7750	Sun & Wed	0300 UTC
B. C. Public Service	3.7290	Daily	0130 UTC
British Columbia Yukon NTS Traffic Net	3.7160	Daily	0330 UTC Winter 0230 UTC Summer
Amateur Radio Red Cross Net	14.1250	Sunday	1900 UTC
CERTS VE#BQ 10 Meter Net	28.3600	Wednesday	1930 UTC
Chicken Junction Net	3.7750	Daily	1830 ET
CLARA Nets	3.7500	Monday	1900 ET
	7.0550	Tuesday	0900 ET
	14.1200	Tuesday	1700 UTC
Cod Jigger Net	3.7400	Daily	1300 UTC (Nov-Apr) 1200 UTC (May-Oct)
Cod Jigger Net	7.0800	Daily	1300 UTC (Nov-Apr) 1200 UTC (May-Oct)
Communication Ontario Net	7.1530	Daily	1000 ET
Great Lakes Emergency and Traffic Net	3.9320	Daily	2030 ET
Handi Radio Ham	3.7650	Sunday	0900 ET
Intercontinental Amateur Radio Traffic Net	14.3000	Daily	0700 ET 1200 ET
International White Cane Net	14.2520	Tuesday	1300 ET
Laurentian Net	3.7550	Daily	1845 ET
The Owl Net	3.7800	Daily	2030 ET
Manitoba Evening Phone Net	3.7470	Daily	0000 UTC
Manitoba Public Service	3.7470	Daily	1900 Central
Maritime Mobile Service Network	14.3000	Daily	1200 ET 2200 ET
Manitoba Six Meter Net	50.2380	Wednesday	2100 Central
Manitoba WX Net	3.7430		1430 UTC
Maritime Net	3.7500	Daily	1800 ET
Maritime Old Timers Net	3.7500	Sunday	1900 ET
Maritime Weather Net	3.7700	Mon-Sat	0600 ET
Michigan Amateur Radio Communications System	3.9530	Mon-Sat	1100 ET
Michigan Public Service Corps Net	3.9320	Sunday	1300 ET
Michigan District ARES Net	3.9320	Sunday	1700 ET
Michigan Information and Traffic Net (NTS)	3.9320	Friday	1930 ET
Mississauga Maritime Net	14.1225	Daily	0745 ET
Newfoundland - Labrador Evening Traffic Net	3.7400	Daily	2130 UTC (Nov-Apr) 2230 UTC (May-Oct)
North Bay Net	3.7680	Sunday	0900 ET
Northwest Ontario Net	3.7500	Daily	2015 ET
Old sweats Net VA3WSN Dave Net manager	7.0630	Tuesday	1000 ET
Ontarion Amateur Radio Service	3.7550	Daily	0700 ET 1800 ET
Ontarion Provincial Emergency Ops Centre HF Net	3.7550	Sunday	1400 ET
Ontario Phone Net (NTS)	3.7420	Daily	1600 ET
Ontario Swap Net	3.7550	Sunday	1200 ET 1900 ET
Ontario Tech Net	7.0550	Sunday	1100 ET
PL Net - Net Control Roy VE2RWT	3.7870	Daily	0800-0900 ET
Potato Seed Net	3.7550	Daily	1800-0900 ET
Pot Hole Net Ottawa Valley Mobile ARC	3.7600	Sat & Sun	1000 ET
Pow Wow Club Net	3.7500	Daily	1000 ET
Quebec HF Phone Net	3.7800	Daily	1900 ET
Radioamateur.ca Technical Net	3.7720	Wednesday	1930 ET
Rotten Apples	7.2380		0600-0700 ET 1900-2000 ET
Sandbox Round Table Net	7.0635	Daily	1830 ET
Sanderson Hour	3.7625	Daily	0100 UTC
Sask Public Service Net	3.7350	Daily	0100 UTC
Sunparlor Amateur Radio Club	3.8050	Sunday	1300 ET
Swan Amateur Radio Net	7.2325	Sunday	1400-1600 ET
Trans Canada Net	14.1400	Sun/Holiday	1800 UTC
Trans Provincial Net	7.0550	Daily	0700 ET 1700 ET
Upper Peninsula Nets	3.9210	Daily	1700 ET
V01/V02	3.7850	Daily	2230 UTC
Wolverine Net (NTS)	3.9550	Daily	1900 ET